



CIVIL AIR PATROL

Northshore Composite Squadron  
PCR-WA-068

Summer/Fall 2005

## CAPTIONS

### Squadron Helps Welcome Troops Home

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200 members of the US Army's 380<sup>th</sup> Division and their families were welcomed home to a Holiday Luncheon at the Hooper US Army Reserve Center in Bothell, WA Sunday, December 4th, 2005. Visitors included Santa Claus, World War II veterans, Scout troops, members of the local Veterans of Foreign Wars (VFW) as well as members of our Northshore Composite Squadron, Washington Wing.

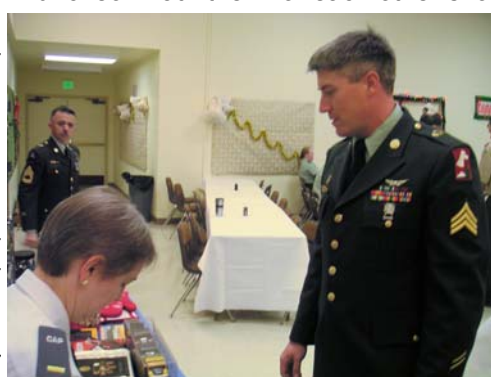
11 Northshore cadets and three senior members helped with everything from making and serving salads to clean-up at the end of what proved to be a fun luncheon.

The strong sense of family and community made for a great setting as the sol-

diers ate and chatted together. Camaraderie was strong and the sense of caring for each other showed throughout the day.

Groups got up to sing karaoke and laughed with each other.

An outstanding highlight of the day was the awarding of a Bronze Star Medal to Army Reserve soldier Sergeant First Class (SFC) Terry Overby of the 380th CONUS Replacement Battalion, out of Bothell, Wash. for recent service in Iraq.



Northshore's Lt Turner selling VFW Raffle Tickets to a soldier after serving them lunch.

Lt Turner from our Squadron sold tickets to a VFW raffle and other prizes were provided by the Army as well. Invited by the local VFW, the CAP cadets did an awesome job and were honored to serve the soldiers as a way of thanking them for their service to our country.

2Lt Curt Powers

### The Cadet Oath

*"I pledge to serve faithfully in the Civil Air Patrol Cadet Program and that I will attend meetings regularly, participate actively in unit activities, obey my officers, wear my uniform properly, and advance my education and training rapidly to prepare myself to be of service to my community, state, and nation".*

### Cascade Falcon X

I will forever remember Cascade Falcon and the valuable life lessons it taught me. The week I spent at Camp Murray, WA was one of the toughest but most rewarding weeks I've ever gone through. Some parts of camp that weren't as much fun included waking up at 5:00 AM every morning by being yelled at constantly and then having to do PT. That quickly became the norm though after a couple days, you just start to expect it. The fun parts of camp greatly out-weighed the

tough parts. Some of the most important things I learned at CFX were teamwork, discipline and respect for authority.



At first I questioned if I'd be able to get through it. After developing teamwork with both flights (Alpha and Bravo) it wasn't a question of just you getting through it, it was a question of helping each other out so your whole flight could get through it. After the first day, it was clear to everyone that there was no way to get through this if we didn't all work together. We all designated (see "Cascade Falcon X" pg. 3)

## CAP Ground Team Assists Search for Downed Airlift Helicopter



When the phone rings late at night, it is never a good sign. That proved to be true on the night of September 29th, 2005 when GT members c/Chief Master Sergeant Tyler Jensen and Capt Barb Jensen were summoned to assist in the UDF search for a downed Airlift Northwest (ALNW) helicopter carrying pilot Steve Smith, and ALNW nurses Erin Reed and Lois Suzuki.

In my career as a nurse, I have come to know a number of ALNW flight nurses and I am sorry to say that Erin and Lois were not among them. However, I thought at least I won't be searching for one of my friends!

We arrived at the ICC in Edmonds during a driving rain storm. The cloud cover was heavy and low. It was very easy to imagine a pilot, even one as experienced as Steve, having trouble in this weather. We were briefed by the IC, Col Tom Peterson, and deployed to a search area where a resident had reported hearing an explosion.

After 30 minutes of a UDF search that provided no clues, we met members of a Coast Guard team and were informed that a significant debris field had been found approximately 300 feet off shore.

The silence and sadness was palpable as we returned to the ICC. As we were debriefed, we were approached and thanked for our efforts by members of the ALNW family.

I attended the memorial services at Boeing Field and it was truly an impressive show of support from fire, police and other

rescue services around the state and Canada.

Though the outcome was not what we had hoped for, it reinforced the pride that we feel while representing an organization that gives of its time and skills in the support of others.

Capt Barb Jensen



Pilot, Steve Smith and Nurses Erin Reed and Lois Suzuki lost their lives trying to save others. We salute these 3 as true Hero's.

### Helicopter facts



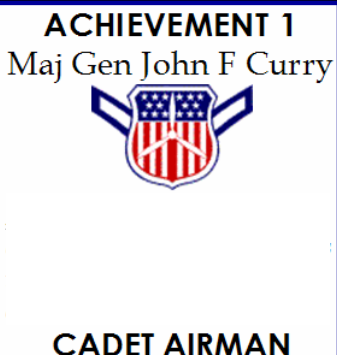
**Type:** Agusta A109/Mark II twin-engine, instrument-certified helicopter  
**Speed:** 160 MPH  
**Range:** 150 miles  
**Capacity:** 1 pilot/7 passengers  
**Other:** Certified for instrument flight (IFR) in poor weather

*Source: Airlift Northwest, Agusta Westland*

## CBTC 2005

On Saturday, November 19<sup>th</sup>, seven Cadet Basics from Northshore and Seattle Squadrons, gathered for a challenging, learning packed day. Held at the Kenmore Police Precinct, classes included leadership, uniform wear and care, customs and courtesies, moral leadership and PT. C/Commander Daniel Rice and his staff presented fun, information packed sessions, with lots of time for questions and discussion. As we ended the day over a pizza dinner, test scores revealed that 3 Northshore cadets had successfully passed and qualified to receive their Curry. Congratulations are due to: Molly Houghton, Travis Blades, and Curtis Burton. Great Job, Guys!

Capt Barb Jensen



## CAP HISTORY

Maj. Gen. John Francis Curry, an Army Air Corps officer, was selected as the first national commander of the Civil Air Patrol. Curry learned to fly in time to accompany General "Blackjack" Pershing's expedition to Mexico. Later, he served as Chief of Staff of the Air Service of the Second Army in France. He destroyed a German observation balloon, but was shot down himself by anti-aircraft fire. He escaped capture. When selected to head CAP, he was the nation's only acting general in command of a civilian army. Serving from December 1941 to March 1942, Gen. Curry provided the vision and direction for this unique venture. Under Curry's guidance, wings were formed in every state. He helped mobilize 100,000 private pilots for non-combatant service; thus freeing military pilots for wartime duty.





## Cadets Help at Arlington EAA Fly-In

The Arlington Fly-In helped me to learn more skills in Flight Line Marshaling, and responsibility. It was an event where I met new people and made new friends. While there, we all worked hard flight line marshalling and played hard in soccer. Two significant things happened to me at the Fly-In. The first one was meeting three men, two of which recently served in Iraq and other countries. One of them was a Para Rescue Jumper (PJ) who was based at McChord Air Force Base. A scary incident was seeing a man have a heart attack and watching the CAP Medical personnel revive him. Their actions saved his life.

Here are some of the things that you do at Arling-



***"The Arlington Fly-In was one of the best experiences I have had in CAP"..... c/TSgt Jared Snyder***

ton Fly-In. First, you wake up to the sound of Reveille and head out for opening ceremony. Next, you go to breakfast and get ready for marshalling. Then you disperse to your sections and take breaks in shifts. The nice thing is that you are able to take a break to watch the Airshow or take a nap. After the last shift, you all change into civis and do almost what ever you want whether it is playing Frisbee or just resting. You can also watch the nightly movie at the runway theatre. The Fly-In is a great place where you work, play, and have a lot of fun.

C/TSgt Jared Snyder



## Cascade Falcon X (cont.)

(from page 1) ...ourselves certain jobs that we would take care of for people with some cadets working on making the beds, some cadets sweeping floors, others ironed, etc. This worked out great for everyone. That was a key point to our success as a squadron.



Discipline was something you learn very quickly at CFX. After being caught while looking around at the position of attention, you get a very loud earful from the staff and learn not to do it again. Discipline goes hand in hand with teamwork be-

cause during drill (which develops teamwork) you need to be focused and disciplined in order to do it right. Discipline teaches you to stay quiet when you need to be and sound off when you're supposed to. Discipline is an extremely important life value, which seems to be getting more forgotten in today's youth.



During this encampment you learn (through experience) all about respect for authority. It became so natural to salute and greet the highest-ranking officer around that I started doing it with out thinking. I learned when to call the barracks to attention when an

officer entered and learned to be observant so I knew when they were coming in.

One of the not so fun parts of camp was being woken up very loudly everyday at 5:00 AM. Right after being woken up, we would have to march down to the field for PT. Which was difficult at first because we were still asleep

but after a couple days your body gets used to it and you automatically start waking up at that time. Putting the downsides to the side though, there were so many fun and amazing things we did there. We had some great classes on moral leadership and many fascinating classes about possible jobs in the Air Force.



The two activities that we did that I will always remember were the C-17 ride and an obstacle course. It was amazing to be inside such an enormous plane and to see the mountains from that altitude. The obstacle course was incredible, it was so much fun to be able to develop teamwork by helping each other up and down large structures.

I have some amazing memories from Cascade Falcon X and I won't forget any of them. I made some great friends, learned valuable life lessons and learned more about the origin of CAP. CAP is only as great as you make it!

C/SSgt Molly Heath



## CIVIL AIR PATROL



Check us out on the web  
<http://northshore.wawg.cap.gov>

## Sergeant DeFelice's Wild Adventure in Iraq

Sergeant, Jerry DeFelice Counterintelligence Special Agent for the U.S. Army returned to speak to our squadron in August while on-leave from Iraq.

On a 2 week leave from his deployment Sgt DeFelice shared his experiences in-country. They included some funny and sobering stories of what war is really like in 2005.

One particular story involved Jerry's unit as they were ambushed by Insurgents. The room was quiet as he provided a play-by-play of RPG's and bullets flying right past him and ending with the news that one of his unit members and friends had been killed in the firefight. One would think that after going through these experiences, a soldier on leave might not want to return but Sgt DeFelice was resolute in his commitment to America and the US Army.

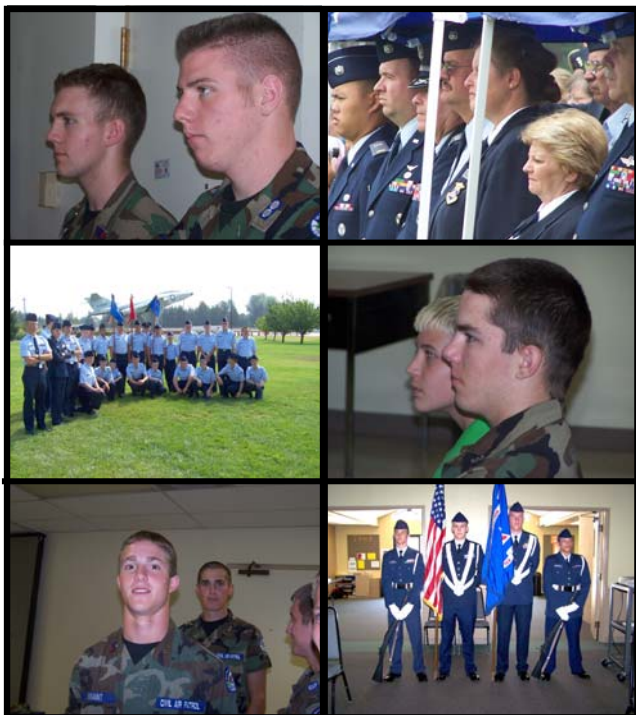
"I volunteered for this and will go back knowing that I can make a difference".

Please keep Jerry in your thoughts as he finishes his deployment.

If you would like to contact Jerry, his email is [jerrydefelice@hotmail.com](mailto:jerrydefelice@hotmail.com) or [jerry.defelice@us.army.mil](mailto:jerry.defelice@us.army.mil)



## Squadron in Action



**Picture of the Month: Sgt DeFelice with Iraqi kids, outside Baghdad, Iraq**

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